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To,
Ankush Garg

Subject: Confirmation of Research Paper Publication

Dear Ankush,

We are pleased to confirm that your research paper titled **“Effectiveness of Ayurvedic Gut-Focused Therapies in the Management of Anxiety and Depression”** has been successfully published in the International Journal of Research in Management and Pharmacy (IJRMP), Volume 13, Issue 07, July 2024, with ISSN 2320-0901, Impact Factor: 6.112

Your paper is now available online at: [Link](#)

DOI: <https://doi.org/10.63345/ijrmp.v13.i7.3>

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The editorial board extends its sincere appreciation for your valuable contribution to our journal. Your research work demonstrates a high standard of academic excellence and adds significant value to the body of knowledge in modern engineering and emerging technologies.

We congratulate you and your co-authors on this achievement and look forward to your continued association with IJRMP in future publications.

With best regards,

Dr. Namrta Jain
Editor-in-Chief

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